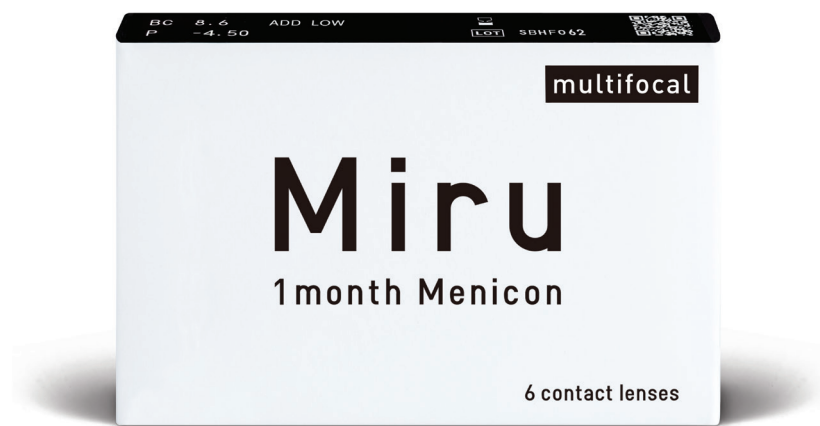


Miru 1 month multifocal maximising fitting success



A super breathable premium reusable
multifocal lens for healthy eyes and
clear comfortable vision at all distances

Technology in balance



83% first lens fitting success and **100%** within two lenses.¹



Successful fitting with Miru 1 month multifocal

Ocular dominance and best sphere

1. **Up to date spectacle prescription:** The essential starting point
 - **Best vision sphere:** Compensate for any astigmatism up to 1.00DC
 - **Maximum plus for distance vision and binocular balance**
 - **Vertex Distance:** For +/- 4.00D or greater
2. **ADD power:** Lowest Add for near vision needs e.g. mobile, tablet, PC
3. **Dominant eye:** Use the +1.00D blur method



Make lens selection simple – use our Menicon multifocal calculator:
multifocal.meniconcalculator.com

Initial lens selection and fitting

1. **Select your initial lens based on your wearers ADD**
Give most plus distance power possible. For early presbyopes use 2 LOW lenses and for the more advanced presbyopes 2 HIGH lenses
2. **Allow for real world adaption**
For HIGH add only, lenses are to be applied with the triangular marker pointing temporally (towards their ear)
3. **Check vision in both distance and near under binocular conditions**
Use hand-held lenses when performing over-refraction and assess real world visual satisfaction

Initial lens selection		
Add	Dominant eye	Non dominant eye
+0.75 to +1.75		
+2.00 and above		

Visual enhancement guidance

Near vision enhancements (when starting with LOW add)	Dominant eye (DE)	Non dominant eye (NDE)	Option – adjust binocularly	Key Tip:
Add +0.25D to NDE				Keep adding as much plus to distance powers with the LOW add in both eyes until distance becomes compromised.
Add +0.25 to DE				
Continue the above process until optimal vision is achieved.				Then, switch to using HIGH add, if necessary, starting in both eyes.
To enhance near vision further, consider changing to a HIGH add.				



Successful enhancement guidance with Miru 1 month multifocal

Near vision enhancements (when starting with HIGH add)	Dominant eye (DE)	Non dominant eye (NDE)	Option - adjust binocularly	Key Tip:
Add +0.25D to NDE				Continue adding more plus starting with NDE. Maximize use of lightning with near work and longer working distance until visual adaption occurs.
Add +0.25 to DE				

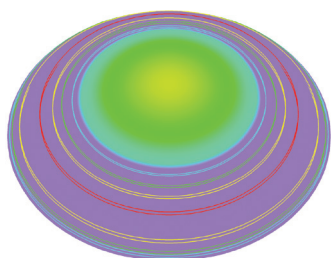
Distance vision enhancements (when starting with LOW add)	Dominant eye (DE)	Non dominant eye (NDE)	Option - adjust binocularly*	Key Tip:
Add -0.25D to DE				Use real world assessments and try longer adaption periods. Aim is to only give minus when absolutely necessary, starting with DE and consider recommending longer near working distance.
Add -0.25D to NDE				

*Adding -0.50 binocularly is not recommended as the patient gets less overall near vision power.

Distance vision enhancements (when starting with HIGH add)	Dominant eye (DE)	Non dominant eye (NDE)	Option - adjust binocularly	Key Tip:
Add -0.25D to DE				Encourage persistence with least minus option possible, starting with dominant eye.
Add -0.25 to NDE				
Reduce to LOW add for DE and NDE				Switching to LOW add may benefit from extra power in the distance zone, to maintain good near vision performance.



Dual Balanced Design®

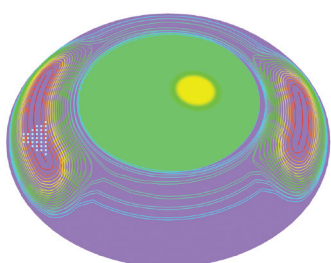


LOW design

For earlier presbyopes with lower near vision needs

- Progressive multifocal geometry
- Centre near to intermediate vision

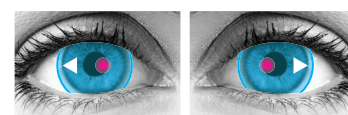
Innovative tailored optical designs to best suit the different stages and demands of presbyopia



HIGH design

For presbyopes with higher near vision needs

- **Decentered near zone**
- Dynamic stabilisation zones
- Temporal indicator



HIGH design temporal indicator
Triangle pointing to your ears!

Temporal indicator

Miru 1 month multifocal showed good all round visual satisfaction with greater distance vision performance when compared to other monthly silicone hydrogel multifocal designs.¹

Wearer benefit

A lens designed to work with your eyes for clear and comfortable vision, near and far.

Product Specifications

Characteristics	Material	asmoofilcon A (Silicone hydrogel)	
	Water Content	40%	
	Dk/t @ -3.00D	$161 \times 10^{-9} (\text{cm/sec}) \cdot (\text{mLO}_2 / (\text{mL} \times \text{mmHg}))$	
	Centre Thickness	0.08mm @ -3.00D	
Parameters	Base Curve	8.6mm	
	Diameter	14.20	
	Handling Tint	Blue	
	Sphere	+6.00D to -13.00D 	
	Addition	LOW	HIGH
Lens Marking			

¹Retallic N and Sugimoto K (2020). Developments in multifocal contact lens designs. Optician. 4 December 2020;42-46